



February 17, 2024

1MI, 5K and Kids Dashes

The **first** race of the 2024 Series *



Registration form on reverse

Time of Races: 1 mile at 9 AM, 5K at 9:20 AM
 The Kid's Dashes include 25 yd, 50 yd, and 100 yd age group divisions and will be run at 8:40 AM.

The 5k course is a three-loop course running around Wright Park in Tacoma.

Registration Info

Registration Deadline is February 10, 2023.
 Day of race registration and packet pickup will be from 8:00 till 8:50 at Registration table.

1 mile and 5K

Pre-registration without T-shirt	\$20.00
Family (pre-registered)	\$50.00
Kids Dash	\$ 2.00

Note: Family entries are for immediate family and must be mailed in advance.

Day of race	\$25.00
Kids Dash	\$ 3.00

Adult T-shirt	\$15.00
Kids T-shirt	\$12.00

Register online at DatabarEvents.com or
 Mail to Silverdale Sunrise Lions, P.O. Box 2584,
 Silverdale, WA 98383

Proceeds benefit the Tacoma Centennial and Silverdale Sunrise Lions Clubs' community service projects.
 Grand Prize at end of Series: One week at a WorldMark/Wyndham condo provided by Lion Faye McLamb.

Sponsors:



One year free membership in the Tacoma Centennial Lions Club.

SPRING LAKE CAFÉ
 In Fircrest

President's Day Run Entry Form

Last Name _____ First Name _____

Address _____ Phone _____

City _____ State _____ Zip _____

E-Mail _____

Male _____ Female _____ Age on Race Day _____

*** THIS EVENT IS THE FIRST RACE IN THE 2024 SERIES OF RUNS SPONSORED BY THE SILVERDALE SUNRISE AND THE TACOMA CENTENNIAL LIONS CLUBS WHICH ARE: THE PRESIDENT'S DAY RUN, TAX DAY RUN, AND HALLOWEEN RUN. REGISTERED PARTICIPANTS OVER THE AGE OF 18 IN ALL THREE RACES ARE ELIGIBLE FOR A GRAND PRIZE DRAWING TO BE HELD AT THE CONCLUSION OF THE HALLOWEEN RUN.**

5K DIVISION	
13 & UNDER	_____
14-18	_____
19-29	_____
30-39	_____
40-49	_____
50-59	_____
60-69	_____
70+	_____

KIDS DASH	
3 & UNDER	_____
4-6	_____
7-9	_____

1 MILE DIVISION	
UNDER 9	_____
9-13	_____
14-18	_____
19+	_____

T-SHIRT SIZE				
ADULT	S	M	L	XL
KIDS	M	L		

RELEASE

In consideration of acceptance of this race entry I, for myself, my heirs, executors, administrators and assigns, forever wave, release and discharge any and all rights, demand, claims for damages and causes of suit or action, known or unknown, that might have against the Tacoma Centennial Lions Club, the Silverdale Sunrise Lions and/or Tacoma Parks Department and any and all participating race sponsors, directors, officers, and employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation in said race. I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race. I grant permission to any and all of the foregoing to use my likeness in connection with this race.

Entry fees are non-refundable.

Signature _____ Date _____

Signature Of Parent or Guardian if under 18

Register online at DatabarEvent.com

Make checks payable to: Silverdale Sunrise Lions Club
Mail completed forms to: Silverdale Sunrise Lions Club

P.O. Box 2584, Silverdale, WA 98383

