

Dolphin Dash

5K AND 10K RUNS, 1
MILE RUN/WALK and
Kids Dash

April 11, 2020 Naval
Base Kitsap Bangor

Registration and Race info

8:00 a.m.-8:55 a.m.

Registration and number pickup in
Bldg. 2700 (the gym)

8:40 Kids Dash on the track

Kids dashes include 25, 50 and 100 yds

9:00 A.M.

5K starts at 0900 in front of gym

1 Mile and 10K start 5 minutes after the
5K

10K course is hilly, 5K course is
slightly hilly.

**Pre-registration required by April
1st for runners requiring base access**
You will receive an additional Dept of
the Navy security form required for base
access that must be completed and
returned by April 3rd. Also due to the
real ID act a Washington drivers license
is no longer accepted as valid
identification. You must show either an
Enhanced Drivers License or a US
Passport.

Cost and registration

Prior to April 8th

\$15.00 Donation no shirt

\$40.00 Immediate Family entries
received together. no shirts

\$1.00 Donation Kids Dash

Make checks payable to and mail to:
Bremerton Base USSVI PO Box 465
Silverdale, WA98383-0465

April 8th and later

\$18.00 each no
shirt \$1.00 for
Kids Dash

Shirts

Shirts are long sleeve
unique Submarine design
Cost \$11.00. To guaranteed
a shirt please register by
April 2nd.

Proceeds benefit the Bremerton Base, Submarine Veterans Scholarship Program

Please complete the entry form
on the back. You may also
register on line at
DatabarEvents.com For more
information contact John
Gardner at 360-692-8994 or at
jgardner@donobi.net

Entry Form (Please print)

M ___ F ___ Name: _____

First _____ M.I. ___ Last _____

Address _____

Street _____ City _____ Zip _____

Phone _____ Age on April 11th _____

E-Mail _____

Command: (active duty only) _____

Race event 10K ___ 5K ___ 1 Mile run/walk ___ Kids Dash ___

Shirt Size S ___ M ___ L ___ XL ___

Please check this line if you need base access _____

<p>1 Mile</p> <p>8 & under _____</p> <p>9 - 13 _____</p> <p>14 - 18 _____</p> <p>19 & over _____</p>	<p>5K Run</p> <p>13 & under _____</p> <p>14-18 _____</p> <p>19-29 _____</p> <p>30-39 _____</p> <p>40-49 _____</p> <p>50-59 _____</p> <p>60-69 _____</p> <p>70 Plus _____</p>	<p>10K Run</p> <p>18 & under _____</p> <p>19-29 _____</p> <p>30-39 _____</p> <p>40-49 _____</p> <p>50-59 _____</p> <p>60-69 _____</p> <p>70Plus _____</p>	<p>Kids Dash</p> <p>3& Under _____</p> <p>4-6 _____</p> <p>7-9 _____</p>
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Race Liability Release: in consideration of your acceptance of this race entry, I myself, my heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights, demands, and claims for damages and causes of suit or action known or unknown, that I may have against the United States Submarine Veterans, Bremerton Base, and any and all participating race sponsors and supporters and the directors, officers, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation in said race. I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race. I grant permission to any and all the foregoing to use my likeness in connection with this race. I understand entry fees are non-refundable.

Signature Date _____

Signature of parent or guardian if under 18 years of age Date _____