

Dolphin Dash

5K AND 10K RUNS, 1 MILE
RUN/WALK and Kids Dash

April 9, 2022
Naval Base Kitsap Bangor

Registration and Race info

■ 8:00 a.m.-8:55 a.m.

Registration and number pickup in
Bldg. 2700 (the gym)

■ 8:40 Kids Dash on the track

Kids dashes include 25, 50 and 100 yds

9:00 A.M.

5K starts at 0900 in front of gym

1 Mile and 10K start 5 minutes after the
5K

■ 10K course is hilly, 5K course is slightly hilly

■ Pre-registration required by March 24th for runners requiring base access

You will receive an additional Dept of the Navy security form required for base access that must be completed and returned by April 1st. Washington drivers license or picture_ID must be shown at the gate for each person entering the base.

Cost and Registration

Prior to April 6th.

\$20.00 Donation

\$50.00 Immediate Family entries
received together.

\$15.00 Shirts

\$1.00 Donation Kids Dash

Make checks payable to and mail to:
Bremerton Base USSVI
PO Box 465
Silverdale, WA 98383-0465

April 6th and later

\$25.00 each

\$1.00 for Kids Dash

\$15.00 for shirts

Shirts

Shirts are long sleeve unique design and must be ordered by March 25th to be guaranteed .

Proceeds benefit the Bremerton Base, Submarine Veterans

Please complete the entry form on the back.

You may also register on line at
DatabarEvents.com

For more information contact
John Gardner at 360-692-8994 or
at jgardner@donobi.net

Entry Form (Please print)

M____ F____ Name: _____
First M.I. Last

Address _____
Street City St Zip

Phone _____ Age on April 9th _____

E-Mail _____

Command: (active duty only) _____

Race event 10K____ 5K____ 1 Mile run/walk____ Kids Dash____

Shirt Size S____ M____ L____ XL____ XXL____

Please check this line if you need base access _____

1 Mile	5K Run	10K Run	Kids Dash
8 & under _____	13 & under _____	18 & under _____	3 & Under _____
9 - 13 _____	14-18 _____	19-29 _____	4-6 _____
14 - 18 _____	19-29 _____	30-39 _____	7-9 _____
19 & over _____	30-39 _____	40-49 _____	
	40-49 _____	50-59 _____	
	50-59 _____	60-69 _____	
	60-69 _____	70 Plus _____	
	70 Plus _____		

Race Liability Release: in consideration of your acceptance of this race entry, I myself, my heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights, demands, and claims for damages and causes of suit or action known or unknown, that I may have against the United States Submarine Veterans, Bremerton Base, and any and all participating race sponsors and supporters and the directors, officers, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation in said race. I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race. I grant permission to any and all the foregoing to use my likeness in connection with this race. I understand entry fees are non-refundable.

Signature Date

Signature of parent or guardian if under 18 years of age Date